



Annual Report

TO THE COMMUNITY **2024**

MESSAGE FROM THE BOARD PRESIDENT



Stacey Risotti

On behalf of Standing Together to End Sexual Assault (STESA)'s Board of Directors, I am pleased to share our 2024 Annual Report. It has been an honor to serve as STESA's Board President again this year as STESA celebrated its 50th Anniversary. Thank you for taking a moment to review this annual report and explore what we we've been up to in our 50th year.

As I write to you all, I remain nonplussed in the wake of our most recent election results. Throughout the election, STESA remained focused on the work this community counts on us to do. We knew that whatever the outcome, we would remain united with you in our advocacy on behalf of survivors while continuing to rise to the challenge of eliminating all forms of sexual violence in our community.

A recent Instagram post on the @sbstesa site highlighted a quote from American author, Bell Hooks. It read, "Rarely, if ever, are any of us healed in isolation. Healing is an act of communion." STESA has remained in communion with you all for the past 50 years. In this report, you will see examples of this collaboration—in STESA's community engagement, our donor activity and our unforgettable Chocolate de Vine celebration, which showcased STESA's founding members Muff Bizwell, Nora Hochman and Barbara Lindemann.

The past 50 years of services could never have occurred without the support of our donors. Board members were active this year, highlighting some of those generous supporters with awards that we named "50 for 50th". I encourage you to check out @sbstesa on Instagram to see some of the donors and supporters we have highlighted.

We thank you for your ongoing commitment to ensure that STESA's past is also part of the future.

With Sincere Gratitude,

Stacey Risotti, STESA Board President

P.S. Your support of our vision makes STESA's work possible. Thank you!!

In 2023-2024...

- STESA staff and volunteers assisted 327 individual survivors and their loved ones with a total of 3,516 services including counseling and emotional support, medical & legal advocacy and accompaniment, and information & referral.
- There were 5,140 community members who learned information about the impact of sexual assault in our lives and strategies for prevention.
 Of this number, 3,879 were youth.

- **Fifty-five clients** took steps to regain a sense of confidence and power over their lives by attending counseling sessions and support groups.
- In-service trainings were provided to 229 professionals including law enforcement, medical staff and social service professionals.
- 23 volunteers joined our efforts to end sexual assault and gave 1,581 hours to STESA. They provided a network of support, including crisis intervention, advocacy and community education, and assisted with office support and special events.



DID YOU KNOW...?

- When you make a tax-deductible contribution to STESA, you help provide the following services:
- \$100 Bus tokens, taxi vouchers, phone cards, food vouchers for a survivor who doesn't have other means.
- \$250 In an emergency, provides a survivor of sexual assault a safe place to stay for 1 night.
- \$600 A self-defense class and educational materials for teens.
- \$1000 Access to STESA's 24-hour hotline for one month for survivors of sexual assault and their loved ones.

SHIFTING BOUNDARIES—ACTS OF PREVENTION

STESA is implementing an evidence-based curriculum *Shifting Boundaries: Lessons on Relationships for Students in Middle School.* This prevention program outlines multiple strategies to support young peoples' ability to engage in school-wide prevention activities and classroom lessons.

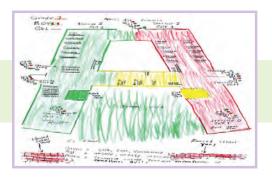
In the classroom, students participate in lectures designed to empower them to voice their boundaries, reduce teen dating violence, and challenge gender roles through interactive exercises, role play, and open discussions. The school wide campaign involves school personnel and students as they work together to identify unsafe areas within and near the school.

The program fosters a school climate that supports sexual assault prevention efforts, promotes healthy relationships, and offers all a safe space to learn and grow. STESA has adapted *Shifting Boundaries* to meet student needs by translating the materials into Spanish, as well as adapting the length of the sessions to meet the needs of the schools.



STESA has designed interactive games and revised hand-outs/work-sheets to better address the existing school culture at the four area junior high schools—Goleta Valley, La Cumbre, La Colina, and Santa Barbara. Students have used an exercise called Hotspot Mapping to identify areas on or near their campus that do not feel safe. Once identified, STESA works with school officials to change unsafe aspects about those areas. In one instance, students identified an area near gym lockers and school officials added school personnel to that area to increase safety.

STESA's Program for Middle School Students





Student artwork illustrating school "hotspots" and personal boundaries

In another instance, after participating in the STESA sessions, the students developed a presentation for a school assembly. All students were involved in some aspect of the presentation—speaking, developing the artwork for the presentation materials, putting together production schedules, providing input into the content of the presentation, etc. The students took pride in teaching their peers what they learned.

They indicated that all at the school should take part in the *Shifting Boundaries* sessions because they felt they were valuable in interactions with peers, school officials and parents.

Has Your Company...

- satisfied the legal requirement to provide sexual harassment prevention training?
- identified some concerns regarding sexual harassment?

Have you done your due diligence? In a company of five or more employees and contractors, all supervisors and managers must receive two hours and non-management employees one hour of instruction in the prevention of sexual harassment every two years.

STESA offers virtual and on-site interactive training on sexual harassment prevention for management and non-management employees in English or Spanish that satisfies the California sexual

Contact Elsa Granados, Executive Director, at 805.963.6832 x115 or email elsa@sbstesa.org

STESA was able to address its Mission with the support of these individuals and businesses in the past fiscal year.

Thank you for helping us do this vital work.

\$50,000+

Anonymous Paul & Patricia Bragg Fdn.

\$25,000-\$34,999

Santa Barbara Foundation Wood-Claevssens Fdn. Yardi Systems Inc.

\$5.000-\$24.999

Harriet Eckstein & Alan Irwin James Melillo The Towbes Foundation

\$2,000-\$4,999

Farmacy IV LLC HUB Mechanics Bank Mildred & Harvey Mudd Foundation Montecito Bank & Trust Gail Osherenko & Oran Young SB Dank LLC Teri Poise Productions Tomchin Family Foundation

\$1,000-\$1,999

Community West Bank Dr. Sis Pattamakom Norean Dreier Jacqueline Duran Farmers & Merchants Debra Geiger & Eliot Crowley **Edward Graper** Melissa Guillen Jo Ann Pfeiler Claude Raffin IMO Jon Gathercole Stacey Risotti

Roehrig Family Foundation Susan Rose Linda Sanders Sandra Lynne Living Trust The Lampson Company The Resilience Institute Vanguard David Way Ton Das & Jonnie Williams

\$500-\$999

Above All, Shawn Sullivan American Riviera Miguel Avila Jean Ballantyne Ethan Bertrand Russell & Joan Bolton Susan Bowey C&I Consultina Anna DiStefano & Deb Karoff Gabriel Escobedo F&M Trust Lynda F. Fairly IHO Shen Rajan Garber Garbett Family Beth & Dodd Geiger Devon Geiger Nielsen Goleta Council Member James Kyriaco & Angie Swanson Kyriaco Adam Paul Graham Elsa Granados Katharine Grav Dewitt Gregg Hart for Assembly '24 Judith Milam Cheri Gurse & Carol Keator Hannah-Beth Jackson & George Eskin Teri Jory Monique Limon

Elida Martinez Dhiraj Nallapaneni Marnie Pinsker Richard & Mary Rodenberg Roberts Santa Barbara Women Lawvers Foundation SB Adventure Company SB Concrete Pumping SB County, Laura Capps SBCC Foundation Segovia Financial Group Wealth Creation Agency Nancy G. Weiss

\$250-\$499

Natalia Alarcon Mary Atchley Richard Berry Lois Capps Douglas Eardley Gina Fischer Angeline Foshay Eric Friedman Marilyn Goldman Blanca Guillen Aleiandra Gutierrez Perri Harcourt Kat Hitchcock Jacqueline Inda Jammalamadaka Family Charitable Fund Erik Lucero Arlene Mendez David Meyer & Shen Rajan Karina Munoz-Benalcazar Laurence Craig Murdock Natalia Alarcon for City Council 2020 Joseph Nosofsky

Susan Parker
SB Dance Arts
Laurie Siegel
The Green Touch
Landscapes Inc.
Unitarian Universalist
Women's Alliance
IHO Rachel Aarons
Russell Werner

\$100-\$249

Patty Aguilar Anonymous Anonymous Chris Barros John Bell Larry Bickford Celia Blanchet Dolphia Blocker Leslie Brtek Pamela Cadv Laura Capps Gideon Cohn Abigail Cordova Sarah Craig Martha Daly Ann Daniel Sarah Beth Dempsey David Edelman Monique Fierro Patricia Folev Patricia Gainey Lambda Sigma Gamma Sorority.Inc. ZETA Chapter. Alpha Kappa #2 George & Mildred Kaufmann Charitable Fund Andy Gersoff & Julie Yamamoto Robert Gibson Johnson IHO Linda Sanders Robert & Sherry Gilson Patricia Griffin Daniel Hankey Bonnie Hill Jenna Jacome

Linda James David Jones Charitable Fund Tere Jurado Dawn & Joel Kaufman Frica Lambert Cathi Lamberti Law Office of Janet McGinnis Susan Lewis Priscilla Liskev Sheila Lodge Marsha Marcoe Scott McCann & Therese Phillips Hoi Fung Julius Miu Michael Montgomery Mandy Moua Mr. & Mrs. Shine Naiman Family Foundation Lucia Overgaag PayPal Giving Fund Jeanene Pierce John S. Pillsbury Donald R. Poppe Robyn Linda Posin Patricia Reilly Stark Thorn Robertson Rene Saragosa Christiane Schulumberger Ken Shapiro Sharon O. Goldman Livina Trust Jo-Ann Shelton Jennifer Smith Jay & Sally Smith Lynne Sprecher Susanna G. Williams Revocable Trust The Connolly Family Trust Thomas Jacobs-Cassandra Ensberg Revocable Trust Charles & Deborah Wolfe Megan Zink

Up to \$100

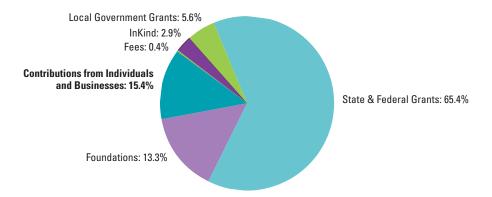
Jack Anderson Anonymous Linda Bernson Robin Bolaer Stephan B. Carlan Donor Advised Fund Suzette Carter Janis Ratliff Connally Kate Connell Rita Drobnis Esmeralda Estrada Miranda Fitts Michelle Gerdes Maribeth Goodman Nicole Halverson 7oe Iverson Joan & Colin Jones Stefani Juarez Juggler's Festival Nancy Lonshein Elizabeth Meyreles Kathleen Modugno Tom Hoffman Elizabeth Petit-Palme Mishelle Sotelo Hannah Sullivan Linda Tuomi Juliet Velarde Betita Rosalina Veloz Theresa Yandell





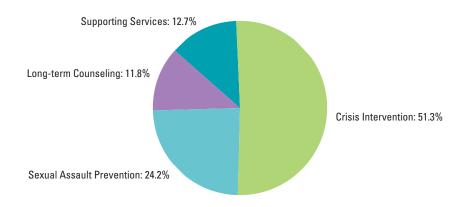
STESA's Total Income for FY '23-'24 was \$1,327,148.

This graph illustrates the importance of local contributions to STESA's operations and provision of services to survivors of sexual assault, as well as the work towards eliminating sexual assault from our society.



STESA's Total Expenses for FY '23-'24 were \$1,175,276.

These expenses show the client-centered expenditures that provide immediate, as well as on-going services to the survivors of sexual assault and their families.



-believe-&listen-& support-

ONE ON ONE FITNESS STUDIO



Linda Sanders of One on One Fitness is kicking off April 2025, Sexual Assault Awareness Month, by sponsoring a fundraising effort to raise critical funds for STESA.

Drop in and see Linda to learn more about functional training at her studio: TRX, kettle bells, Landmine, cardio blasts, yoga, stretching, and much more at Linda's location at 1253 Coast Village Rd., Suite 103.

Reach your fitness goals, get in shape and stay in shape with nationally certified personal trainers.

Please help Linda meet her fundraising goal. To contribute to this effort, contact Linda Sanders, oneononesb@gmail.com. *Your participation is vital.*

All proceeds will go directly to STESA!









Visit ONE ON ONE FITNESS and learn more about the benefits of functional training!



STESA's Supporters Standing Together at Successful 50th Anniversary Celebration Chocolate de Vine Event

On May 18, 2024, STESA held its 50th Anniversary Celebration at the Chocolate de Vine fundraising event. STESA was honored to have over 150 guests and supporters at the event, sharing their love for delicious artisanal chocolate, California wine, and passion for eradicating sexual assault from our community.

In honor of this milestone, STESA has been highlighting 50 of its longtime supporters, volunteers, and donors during STESA's 50th year—STESA's 50 for 50th. More information about our honorees can be found on STESA's Instagram account, @sbstesa. At the Chocolate de Vine event, STESA presented two special awards as part of this 50 for 50th series of recognitions—to Jim Melillo and Nora Hochman.

Jim Melillo is one of STESA's strong financial supporters, who generously helps to fund STESA's services for survivors of sexual assault and their loved ones.

Nora Hochman, one of three founders of the Santa Barbara Rape Crisis Center (SBRCC), which was rebranded to Standing Together to End Sexual Assault (STESA) in 2018 in response to community feedback. In her speech, Nora described the creation of SBRCC as a passion project she undertook, as she phrased it, "to avoid doing a term paper" for the Women and Society course at Santa Barbara City College taught by Barbara Lindemann. The impetus for a rape crisis hotline was the dire need in the community for this resource.







Chocolate de Vine Photo Booth Fun!













The next Chocolate de Vine Event will be held on Saturday, May 17, 2025, 4-7:30pm at the St. Barbara Event Center. This beloved event in 2025 will feature a judged competition of chocolate creations by some of the area's best chefs. It will also include heavy appetizers and a live auction.



We look forward to seeing you next year—

Chocolate de Vine Saturday, May 17, 2025!



Standing Together to End Sexual Assault (STESA) is a community-based organization working toward a world free from sexual assault. STESA has served southern Santa Barbara County since 1974. The organization is dedicated to supporting and empowering sexual assault survivors, their family members and friends, and to eliminating all forms of sexual assault from our society.

STESA supports sexual assault survivors throughout the initial crisis and subsequent stages of healing. Through community education, training and activism, STESA is committed to creating attitudes and beliefs which support the prevention of sexual assault.

Board of Directors 2024

Stacey Risotti, *President*Melissa Guillen, *Vice President*Gabe Escobedo Esmeralda Estrada Tere Jurado Teri Jory

Scott McCann Christina Ortega Hannah Sullivan

Honorary Board 2024

Pamela Bellwood-Wheeler David Edelman John Palminteri Dr. Elliot Schulman Peter Rie Darin Fotheringham Tom Parker Dave Sullins Salud Carbajal Hannah-Beth Jackson Glen Phillips Nancy Weiss Lois Capps Bernie Marquez Gail Rappaport Bill Wineland Margaret Connell Judy Malmgren Catherine Remak Dilling Yang Denise de Bellefeuille Pedro Nava Susan Rose Ron Zonen Joyce Dudley Jack O'Connell Cam Sanchez

In Memoriam

Susan Bower Larry Crandell Ghita Ginberg Dr. Ursula Henderson Harriet Miller Tom Sneddon William "Tom" Thomas Michael Towbes

STANDING TOGETHER TO END SEXUAL ASSAULT (STESA)

433 E. Cañón Perdido Street Santa Barbara, CA 93101

sbstesa.org

24-Hour Hotline: 805.564.3696